

flavour
creations

instant
THICK

CONFIDENCE IN EVERY INSTANT



FlavourCreations.com.au

A thickening powder for individuals with dysphagia (swallowing difficulty).

- ✓ One scoop per serve
- ✓ Taste-free to improve hydration
- ✓ Dissolves clear
- ✓ Gluten, nut and dairy free

PREMIUM THICKENER

Made with premium quality Xanthan gum, instant THICK Powder is a food and drink thickener for individuals with dysphagia. With no added colours, flavours or preservatives, instant THICK Powder can be used to thicken hot or cold drinks, alcoholic beverages and medical solution for compliance at each IDDSI Level.



**Amylase
Resistant**



**One Scoop
Per Serve**



IDDSI Compliant



**Taste
Free**



**Dissolves
Clear**



**Temperature
Stable**

SUITABLE DIETS

- Texture Modified Diets**
- Gluten Free**
- Nut Free**
- Dairy Free**
- Lactose Free**
- Soy Free**
- Kosher Certified**
- Halal Certified**
- Vegetarian & Vegan**

EASY 3 STEP MIXING GUIDE

Thickening food and drinks is easy with our unique, IDDSI compliant scoop system. Quick, safe and easy to use, the instant THICK system assists with compliance, reduces wastes and saves time.

ONE



POUR A DRINK

Select a drink and pour the recommended fluid volume.

TWO



ADD INSTANT THICK

Whilst stirring, add instant THICK and stir until dissolved.

THREE



RE-STIR & ENJOY

Allow to stand and re-stir until desired consistency is reached, before serving[^].

For drink recipes refer to the Mixing Guides at FlavourCreations.com.au

instant THICK PRODUCT RANGE



100g Can



675g Can



1.75g Pail



Single Serve Sachets

Nutritional Information (Average)		Mildly Thick
Serve Size: 1.7g	Units	Per Serve
Energy	kJ (kcal)	25 (6)
Protein	g	0
Fat, total	g	0
Carbohydrate	g	1.0
Sodium	mg	21
Potassium	mg	3
Phosphorus	mg	1

Ingredients: Maltodextrin (from Corn), Thickener (Xanthan Gum), Sorbitol

[^]For hot beverages, temperature must not exceed 60°C, for consumer safety and comfort.

Food for special medical purposes. Food and drink thickener for the dietary management of dysphagia. Use under medical supervision. Not suitable as a sole source of nutrition. Not suitable for children under 12 months of age. For oral consumption only. Flavour Creations is a gluten and nut free manufacturing environment. All information stated is correct at time of publishing and subject to change without notice.