

0.9% Sodium Chloride In AVIVA (nonPVC) Plastic Container (Bag)

0.9% Sodium Chloride for Injection

Consumer Medicine Information

What is in this leaflet

This leaflet answers some of the common questions about 0.9% Sodium Chloride for Injection.

It does not contain all the available information.

It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has prescribed Sodium Chloride IV infusion for you in the knowledge that the benefits outweigh any possible risks. **If you have any concerns about taking the medicine, ask your doctor or pharmacist.**

Keep this leaflet with the medicine.

You may need to read it again.

What 0.9% Sodium Chloride is used for

0.9% Sodium Chloride is used for the control of

water, fluid and electrolyte balance in the body.

It can be used for reconstituting and delivering other drug products.

It can also be used as a sterile irrigation fluid.

0.9% Sodium Chloride is not addictive.

This medication is available only with a doctor's prescription.

Before you are given 0.9% Sodium Chloride

Caution should be taken with 0.9% Sodium Chloride if you have, or have had, any of the following medical conditions:

- Heart failure
- Impaired renal function
- Cerebral oedema
- Pulmonary, central or peripheral oedema
- Hypertension
- Liver disease
- Sodium retention

- Swelling of the hands, ankles or feet
- Breathlessness
- have ever had an allergic reaction to sodium chloride injection
- are pregnant
- are breast feeding

Symptoms of an allergic reaction to 0.9% Sodium Chloride may include:

- Shortness of breath, wheezing, difficulty breathing or a tight feeling in your chest
- Swelling of the face, lips, tongue or other parts of the body
- Rash, itching, hives or flushed, red skin
- Dizziness or lightheadedness
- Pain at the injection site

Caution should be taken with 0.9% Sodium Chloride under the following situations:

- If you are receiving corticosteroids or corticotrophin

Take 0.9% Sodium Chloride with caution if you are pregnant or intend to become pregnant.

Discuss the risks and benefits involved with your doctor.

Take 0.9% Sodium Chloride with caution while breast feeding.

There is a possibility that Sodium Chloride may enter the breast milk and therefore a breast-fed baby may be affected.

Do not have 0.9% Sodium Chloride after the expiry date printed on the pack.

If you are not sure whether you should start having 0.9% Sodium Chloride , talk to your doctor or pharmacist.

Before you are given it

Tell your doctor or pharmacist if you have allergies to:

- Any other medicines

- Any other substances, such as foods, preservatives or dyes.

Tell your doctor if you or have had any medical conditions, especially the following:

- Heart failure
- Impaired renal function
- Oedema (fluid retention) including cerebral, pulmonary or peripheral oedema
- Hypertension (high blood pressure)
- Liver disease
- Sodium retention

Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicine, including any that you buy without a prescription from your pharmacy, supermarket or health food shop.

Your doctor and pharmacist may have more information on medicines to be careful with or avoid while having 0.9% Sodium Chloride.

How 0.9% Sodium Chloride is given

How much is given

Your doctor will decide what dose you will receive.

Ask your doctor if you want to know more about the dose of 0.9% Sodium Chloride you receive.

The solution is delivered by intravenous infusion; therefore it should be given by using special equipment and attended by a healthcare professional (doctor, trained nurse).

How is it given

0.9% Sodium Chloride is given as an infusion (drip) into your veins.

Usually, you will need to stay in a health care institution (hospital, nursing home, clinic, and in some cases it may be administered at home, etc).

Special medical equipment is required to deliver the medicine into your blood stream. A cannula (administration needle) is normally placed in a blood stream vein. Your doctor knows which vein to use. The infusion is for single use for one person only.

How long is it given

0.9% Sodium Chloride is usually given as long as required by the physician.

Overdose

As 0.9% Sodium Chloride is given to you under the supervision of your doctor, it is very unlikely that you will receive too much.

However, if you experience any side effects after being given 0.9% Sodium Chloride, tell your doctor immediately.

Symptoms of a 0.9% Sodium Chloride overdose include the side effects listed below in the 'Side Effects' section, but are usually of a more severe nature.

While you are having 0.9% Sodium Chloride

Frequent clinical evaluation and laboratory tests may be required.

As Sodium Chloride IV Infusion is normally given in a hospital, your nurse or carer will make appropriate records during your treatment and will note any unexpected effects you may experience.

Things you must do

Contact your doctor immediately if you develop fever, persistent vomiting, diarrhoea, signs of dehydration, cough or breathing difficulties or signs of an allergic reaction occur.

Things you must not do

Do not have 0.9% Sodium Chloride to treat any other complaints unless your doctor or pharmacist tells you to.

Things to be careful of

Be careful driving or operating machinery until you know how 0.9% Sodium Chloride affects you.

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Be careful driving or operating machinery until you know how 0.9% Sodium Chloride affects you.

Side effects

Tell your doctor, nurse or pharmacist if you notice any of the following and they worry you

Some swelling of the hands, ankles and feet may be experienced due to retention of water in your body. In rare circumstances, this may also involve the lungs, which may cause some breathing difficulty. Other symptoms may include:

- Nausea
- Vomiting
- Diarrhoea
- Cramps
- Reduced salivation
- Increased thirst
- Low blood pressure
- Rapid heart beat
- Headache
- Dizziness
- Restlessness
- Weakness
- Muscle twitching
- Difficulty breathing
- Seizures
- Itching
- Rashes
- Fever
- Drowsiness
- Fever
- Confusion
- Tremor
- Chills

Inflammation of the vein at the site of injection is also possible.

Always tell your doctor or nurse immediately if you have any unexpected effects during or after receiving Sodium Chloride IV Infusion.

Other side effects not listed above may occur in some patients. Tell your doctor, nurse or pharmacist if you notice anything that is making you feel unwell.

Do not be alarmed by the list of side effects.

You may not experience any of them.

Tell your doctor, nurse or pharmacist as soon as possible if you do not feel well while you are having 0.9% Sodium Chloride.

Like other medicines, 0.9% Sodium Chloride may have unwanted side effects, some which may be serious. You may need medical treatment if you get some of the side effects.

Ask your doctor or pharmacist to answer any questions you may have.

The benefits and side effects of 0.9% Sodium Chloride may take some time to occur. Therefore even after you have finished your 0.9% Sodium Chloride treatment you should tell your doctor immediately if you notice

any of the side effects listed in this section.

How to store Sodium Chloride IV Infusion

0.9% Sodium Chloride will be stored in the pharmacy or in the ward. The injection will be stored where the temperature stays below 25°C.

Do not freeze.

Do not expose to the heat. Keep out of reach of children.

If for any reason you need to keep this product at home it should be stored in a locked cupboard.

Product Description

What 0.9% Sodium Chloride looks like

0.9% Sodium Chloride is a clear, sterile solution.

Ingredients

Active Ingredients

- Sodium Chloride

Other Ingredients

- Water for Injection

0.9% Sodium Chloride in AVIVA (non PVC) is available in the following sizes:

- 250mL (AUST R 168509)

- 500mL (AUST R 168510)
- 1000mL (AUST R 168511).

Name and address of the manufacturer (the sponsor)

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